

## Useful contacts

Antenatal Clinic 01276 604154  
Screening Midwife 01276 526989

ARC (Antenatal Results and Choices)  
0845 077 2290 (Monday-Friday)  
Email: info@arc-uk.org  
Website: www.arc-uk.org

National Screening Committee – fetal anomaly screening booklet, available at  
<https://www.gov.uk/government/publications/screening-tests-for-you-and-your-baby-description-in-brief>

[fetalanomaly.screening.nhs.uk](http://fetalanomaly.screening.nhs.uk)

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Please contact (PALS) the Patient Advice and Liaison Service on:  
**Telephone:** 01276 526706  
or  
**Email:** [palsfrimleypark@fhft.nhs.uk](mailto:palsfrimleypark@fhft.nhs.uk)

## Consent for mid-pregnancy detailed ultrasound scan

The national screening committee recommends all pregnant women are offered a mid-pregnancy ultrasound scan before the end of the 20<sup>th</sup> week of pregnancy. The 'screening tests for you and your baby' booklet explains, in more detail what will be looked at during the scan.

If you wish to have a detailed scan performed, please **sign below** and **bring this leaflet with you on the day of your appointment.**

I have read and understood the contents of this leaflet and wish to have a detailed ultrasound scan performed.

**Print name:** .....

**Signed:** .....

**Date:** .....

**Please note** that ultrasound scan pictures can be purchased via the kiosk which is situated in the Antenatal clinic. Maximum of four photographs (same picture).  
PAYMENT BY DEBIT/CREDIT CARD or CASH.  
NO change/refunds given.

# SCANNING IN PREGNANCY

**The mid-pregnancy detailed ultrasound scan - should I have it?**

**PLEASE BRING THIS LEAFLET WITH YOU ON THE DAY OF YOUR APPOINTMENT**

Updated by:	K Franks & D Frew	Version:	7
Department:	Maternity	Last reviewed:	November 2015
Frimley Park Hospital			

## ***The mid-pregnancy detailed ultrasound scan - should I have it?***

All pregnant women are offered a scan at around 20 weeks. This scan is sometimes referred to as an "Anomaly Scan".

We believe it is important that you consider having this scan performed and, therefore, we recommend that you spend some time thinking about it.

You do not need to have a full bladder for this examination.

### ***When is the anomaly scan performed?***

The anomaly scan is best done after 20 weeks, as it allows us to examine the baby in detail. The timing also allows us to discuss the future management of the pregnancy, if a problem is identified.

### ***Why is it done?***

The scan will examine the baby carefully and check for any abnormalities, such as spina bifida, at this stage. In most cases, development will appear normal and parents usually enjoy seeing their baby on the screen.

### ***Does the scan pick up all abnormalities?***

No. Scanning cannot detect all abnormalities. Major structural abnormalities are likely to be detected and a normal scan should provide some reassurance. Sometimes there are minor

variations from normal which may raise the possibility of other abnormalities.

Occasionally, due to the position of the baby or the size of the mother, it is not possible to perform a complete examination and another appointment may be necessary.

### ***What happens if an abnormality is found?***

The sonographer may ask a second sonographer to carefully check their findings. The findings will be explained to you and arrangements made for you to see a consultant obstetrician in order to discuss the future management plan for your pregnancy.

### ***Will the sonographer tell me the sex of my baby during scanning?***

If the sonographer can see the sex of your baby, and you want to know, they are happy to tell you. If they are unable to see, due to the position of your baby, a further scan will not be offered for this reason. Sexing babies on scan is not 100% accurate.

Frimley Park Hospital cannot accept responsibility for any financial burden incurred as a result of incorrect gender assessment.

### ***Is scanning safe in pregnancy?***

Studies on the safety of ultrasound in pregnancy have been reassuring. However, we only perform an examination if it is indicated and requested by a doctor.

If you are unsure about whether to have a scan, please discuss it further with your GP, consultant, midwife or one of the sonographers.

### ***Our request for your cooperation***

You are welcome to bring your partner or a friend to support you during the scan.

Only one person may accompany you into the scan room.

We ask that you do not bring your children with you when you attend for your appointment.

Please appreciate that, whilst this is an extremely exciting and sometimes anxious time for you. The sonographer is performing a skilled clinical examination and needs to concentrate.

In the interests of confidentiality video recording or photography is not permitted in this department.

Please use the space below to note down any questions you may have