



If you are pregnant and you identify as a Black, Asian or another Minority Ethnicity (BAME), we want you to know...



- When you are in labour, a birth partner who is free of COVID-19 symptoms can be with you to support you.
- We have translation services available, both face to face and over the telephone. Please ask your midwife.
- When you are staying on the ward, our staff are always on hand to offer you support.

You are not alone



Do you have concerns about your pregnancy or your maternity care on account of your ethnicity?

Research produced during the COVID-19 outbreak has shown that pregnant women from Black, Asian and Minority Ethnic (BAME) backgrounds are four times more likely than white women to have severe symptoms of COVID-19 that require hospitalisation.

Research is ongoing to explain why this is the case, so we can provide you with appropriate care.

In these uncertain times, we want to support you with any anxieties you might be experiencing about coming to or staying in hospital.

Your midwife will be asking you at every antenatal check if you are experiencing any symptoms of COVID-19 to try and keep you and your baby safe.

If you have COVID-19 symptoms only, please call 111 and they will be able to advise you.

If you have COVID-19 symptoms and another pregnancy related issue please call:

**Frimley Triage 01276 604527
Wexham MAC 01753 634520**

Lines are open 24 hours a day.

The symptoms to be aware of are:

- A raised temperature or fever experienced in the last 24 hours
- Cough
- Flu like symptoms
- Loss of taste and/or smell

If you have any concerns that your ethnicity might be affecting the type of care you are receiving you can call:-

- **Patient Advice Liaison Service (PALS) on 01276 526530 (Frimley Park) or 01753 633365 (Wexham Park).**

We are here for you

From Frimley and Wexham Park Maternity Hospitals

Communication coproduced with Frimley and Wexham Maternity Voices Partnership.